

# Resources for Alexander, Burke, Alexander, Caldwell, & Catawba Counties

Updated 5/14/2020

## Alexander County

### Food & Nutrition Services, Clothing

**Christian Crisis Center**

Phone: 828-632-0022

Address: 223 5<sup>th</sup> Avenue SW  
Taylorsville, NC 28681

Food and nutrition services, thrift store, and financial aid.

**Hiddennite Community Helpers**

Address: 45 Fire Department Ct.

Hiddenite, North Carolina 28636

Phone: 828-320-5269

Website: [www.hiddenitehelpers.org/](http://www.hiddenitehelpers.org/)

Food pantry.

### Childcare

**Alexander County Department of Social Services**

Phone: 828-632-1080

Address: 604 7th Street SW  
Taylorsville, NC 28681

Website: [www.alexandercountync.gov/social-services.php](http://www.alexandercountync.gov/social-services.php)

Family support services; children's services; adult and disabled services, including low-income energy assistance / crisis intervention  
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**I Care Inc. Head Start**

Phone: 704-873-4865

Pre-school education program. Full-time care for children in program whose parents work or are in job training. Speech, physical and occupational therapies. Parent teaching, dental and vision treatment for children. Breakfast, lunch, snack provided. Eligibility based on low income. Disabled children ages 3-4.

### Transportation

**Alexander County Transportation – Greenway Public Transportation**

Phone: 828-632-1112

Address: 621 Liledoun Rd.

Taylorsville, North Carolina 28681

Website: <http://mygreenway.org/>

Cost effective and efficient transportation services to the public

## Burke County

### Food & Nutrition Services, Clothing

#### The Outreach Center

Phone: 828-439-8300

Address: 510 E. Fleming Drive  
Morganton, NC 28655

Website: <https://www.theoutreachcenter.org/food-distribution-faq-s>

Program hours: Last Tuesday of each month: 5:00pm – 7:00pm

\*\*\*Walk in. First come, first served.

Offers groceries to people and families in need. Also educates on nutrition to help people make healthier decisions.

#### Agency: Salvation Army Emergency Assistance

Phone: 828-430-8392

Address: 420-B West Fleming Drive  
Morganton, NC 28655

Office Hours: Tuesday – Friday | 9:00am – 4:00pm

Food Pantry: Wednesday – Friday | 9:00am – 3:00pm

Clothing Vouchers: Wednesday – Friday | 9:00am – 2:00pm

Utility and Rent Assistance: Tuesday – Friday | 9:00am – 3:00pm

\*\*\*Walk in. First come, first served.

Offers a food pantry, clothing vouchers for Salvation Army Family Store, utility bill assistance, and rent payment assistance.

### Childcare

#### Child Care Connections

Phone: 828-439-2328

1.877.670.8735 (Region 9 Referral Line – Childcare only)

Address: 204 West Union Street, Morganton, NC 28655

Website:

Resources and referral for young children

#### Agency: Blue Ridge Community Action (2 Office Locations)

Phone: 828.438.6855 (Morganton Office)

828.879.2367 (Rutherford College Office)

Address: (Morganton Office – Main)) 800 North Green Street,  
Morganton, NC 28655

Cares about the entire community and is dedicated to helping people help themselves and each other.

Provides the following services to most of the communities in the Burke County area: Day Care, Head Start, and Early Head Start  
Clothing/Other Essentials

<p>(Rutherford College Office) 240 Brevard Street, Rutherford College, NC 28671 Website: <a href="https://www.brcainc.org/">https://www.brcainc.org/</a></p>	
<b>Transportation</b>	
<p><b>Greenway Public Transportation</b> Phone: 828-466-0570 Website: <a href="http://www.mygreenway.org">www.mygreenway.org</a></p>	
<b>Healthcare</b>	
<p><b>Burke County Health Department</b> Phone: 828-764-9150 Call for appointments and eligibility Address: 700 East Parker Road Morganton, NC Website: <a href="http://www.burkenc.org/departments/health">www.burkenc.org/departments/health</a></p>	<p>Full variety of health services and health insurance programs for children.</p>
<b>General Community Services</b>	
<p><b>Blue Ridge Community Action   Morganton, NC</b> Phone: 828-438-6255 Address: 800 N Green St Morganton, NC 28655 Website: <a href="http://www.brcainc.org/main-services">www.brcainc.org/main-services</a></p>	<p>Limited Emergency Financial Help. Also offers several programs; including: Adult Day Care, Day Care, Home Weatherization, Home delivered meals, Head Start &amp; Early Head Start, HAARP (Assistance with those who have inadequate or no heat/air system in home), Nutrition Programs for older adults, Affordable Rental Units, Workforce Development Programs, Foster Grandparents, and more programs offering assistance to reach self-sufficiency.</p>
<p><b>Burke United Christian Ministries</b> Phone: 828-433-8075 Address; <a href="http://www.bucm.net/">http://www.bucm.net/</a></p>	<p>Offers financial help with late utility bills and rent, clothing, and a food pantry. Offers a soup kitchen.</p>
<p><b>Suzy Fitzgerald Shelter – Program ran by The Meeting Place Mission</b> Phone: 828-433-7225 – only answered after 6:30pm Website: <a href="http://www.meetingplacemission.org/programs.html">www.meetingplacemission.org/programs.html</a></p>	<p>Provides emergency shelter, food, and case management for women and children.</p>
<p><b>Men’s Transitional Living - Program ran by The Meeting Place Mission</b> Phone: 828-439-9921</p>	<p>Offers transitional housing and case management services for men.</p>

<p><b>The Meeting Place Mission</b> Phone: 828-432-5659</p>	<p>Offers emergency shelter and transitional housing.</p>
<p><b>FACES: Program ran by The Meeting Place Mission (FACES – Families Adjusting, Changing, and Evolving, Safely.)</b> Phone: 828-432-5659</p>	<p>Offers transitional housing and case management services to families.</p>
<p><b>Pregnancy Care Center of Burke County</b> Phone: Call 828-437-4357 Text: 828-432-6187 Address: 302 S. Main St. Drexel, NC 28619 Website: <a href="http://www.pccob.com/">www.pccob.com/</a></p>	<p>Providing free Pregnancy Confirmation, Ultrasounds, Referrals, Counseling, education, and more.</p>
<p><b>Caldwell County</b></p>	
<p><b>Food &amp; Nutritional Services, Clothing</b></p>	
<p><b>Yokefellow</b> Phone: 828-754-7088 Address: 1602 Harper Ave Lenoir, NC 28645 *Serving Lenoir and North Caldwell County</p>	<p>Assistance with food and clothing. Also has limited rent and utility assistance. Some fuel assistance.</p>
<p><b>Angel Food Ministries</b> Phone: 828-758-5476</p>	<p>Grocery pantry and financial support.</p>
<p><b>Shelter Home of Caldwell County</b> Phone: 828-758-0888 Website: <a href="http://www.shelterhomecc.org">www.shelterhomecc.org</a></p>	<p>Provides safe shelter, food, clothing, counseling, education, support, referrals, legal and human services, advocacy for victims of domestic violence, rape and sexual assault, as well as their children. Also provided are a 24-hour crisis line, support groups, and community education programs targeted at breaking the cycle of violence. The self-help program enables victims to establish and work toward achieving personal goals while living in a violence free environment with their children.</p>

<p><b>Crossroads Church/Storehouse Daily Bread</b>  Phone: 828-612-6802  Address: 2075 Morganton Blvd.  Lenoir, NC 28645  Hours: Monday – 7:30am – 1:00pm</p>	<p>Offers food pantry.</p>
<p><b>Communities in Schools</b>  Phone: 828-759-2852  Website: <a href="http://www.ciscaldwell.org">www.ciscaldwell.org</a></p>	<p>Intervention program to target and meet needs of students in Caldwell County Schools to assist with community resources to assist with learning, staying in school, and preparing for life.</p>
<p><b>Childcare</b></p>	
<p><b>Dulatown Outreach Center, INC</b>  Phone: 828-758-2482  Address:  Website: <a href="http://www.dulatownoutreachcenter.com">www.dulatownoutreachcenter.com</a></p>	<p>Offer services to working parents with young children, families with elderly parents needing day care assistance, children with learning disabilities, children who have encountered child abuse and neglect, a nutrition program to address the undernourished and hungry, as well as other human services.</p>
<p><b>Childcare Resources and Referrals</b>  Phone: 1.877.670.8735</p>	<p>Referrals to licensed child care facilities</p>
<p><b>Department of Social Services – Caldwell County</b>  Phone: 828-426-8200  Address: 2345 Morganton Blvd. Suite A  Lenoir, NC 28645  Website: <a href="http://www.caldwellcountrync.org">www.caldwellcountrync.org</a></p>	<p>Locating childcare, financial assistance</p>
<p><b>Caldwell County Smart Start</b>  Phone: 828-426-4KIDS  Address:  Website: <a href="http://www.caldwellsmartstart.org">www.caldwellsmartstart.org</a></p>	<p>Assist working parents pay for child care through DSS and Child Care Subsidy, improving the quality of child care facilities and family care homes.</p>
<p><b>The Enola Group Early Learning Center</b>  Phone: 828.757.8632 Fax: 828.757.8633  Address: 609 Harper Ave.  Lenoir, NC 28645  Website: <a href="http://www.enolagroup.org">www.enolagroup.org</a></p>	<p>The Early Learning Center is a program of The Enola Group. The childcare center serves children from 6 weeks to 5 years of age. Operating hours are from 7:30- 5:00 pm</p>

## Transportation

### Greenway Public Transportation

Phone: 828-757-8679

Address: 1214 Blowing Rock Blvd.  
Lenoir, NC 28645

Website: [www.mygreenway.org](http://www.mygreenway.org)

### Agency Name: Handi-Care

Phone: 828-437-8429

Address: 304 Main St.

Drexel, NC 28619

In home personal care aides, non-emergency transportation.

## Healthcare

### Helping Hands Clinic

Phone: 828-754-8565

Address: 810 Harper Ave. NW, Lenoir, NC 28645

Website: [www.helpinghandsclinic.org](http://www.helpinghandsclinic.org)

Serves medical needs of the uninsured residents of Caldwell County who meet eligibility criteria.

### Caldwell County Home Health Agency

Phone: 828.426.8401 or 828.729.4515

Toll Free 1.800.757.1236

Address: 2345 Morganton Blvd. SW

Lenoir, NC 28645

PO Box 400, Lenoir, NC 28645

Website: [www.caldwellcountync.org](http://www.caldwellcountync.org)

Skilled Nursing, Occupational Therapy, Speech Therapy, Medical Social Worker and Aide services to homebound patients with skilled medical needs.

## General Community Services

### Blue Ridge Community Action | Lenoir, NC

Phone: 828-433-8075

Address: 1440 Blowing Rock Blvd

Lenoir, NC 28645

Website: <https://www.brcainc.org/main-services>

Limited Emergency Financial Help. Also offers several programs; including: Adult Day Care, Day Care, Home Weatherization, Home delivered meals, Head Start & Early Head Start, HAARP (Assistance with those who have inadequate or no heat/air system in home), Nutrition Programs for older adults, Affordable Rental Units, Workforce Development Programs, Foster Grandparents, and more programs offering assistance to reach self-sufficiency.

### Goodwill Industries of Northwest North Carolina, Inc.

Phone: 828-758-7715

Address: 960 Blowing Rock Blvd NE, Lenoir, NC 28645

Website: [www.goodwillwnc.org](http://www.goodwillwnc.org)

Skilled training classes in partnership with area community colleges such as healthcare, office technology, skilled trade, and service industries

<p><b>Helping Hands Clinic</b>  Phone: 828-754-8565  Address: 1810 Harper Ave NW  Lenoir, NC 28645  Website: <a href="http://www.helpinghandsclinic.org">www.helpinghandsclinic.org</a></p>	<p>Serving the medical needs of the uninsured residents of Caldwell County. Provides free medical care and prescription medications to adults without health insurance or access to Medicaid or Medicare. All patients must be residents of Caldwell County. Please call for more information.</p>
<p><b>Caldwell Pregnancy Care Center</b>  Phone: 828-757-9555  Address: 210 Ridge St NW  Lenoir, NC 28645  Hours: Tuesday – 9:00am – 7:00pm  Wednesday – 9:00am – 5:00pm  Thursday – 9:00am – 3:00pm  Website: <a href="https://www.caldwellpregnancy.com/">https://www.caldwellpregnancy.com/</a></p>	<p>Services include: Pregnancy test, education on prenatal development, adoption, abortion) Parenting classes, referrals to physicians, maternity homes and/or adoption agencies. Maternity clothing, baby clothing, and furnishings. Offers friendship and support. Also post abortion support.</p>
<p><b>South Caldwell Christian Ministries</b>  Phone: 828-396-4000  Address: 5 Quarry Rd  Granite Falls, NC 28630  *Serving South Caldwell County</p>	<p>Clothing and financial assistance</p>
<b>Catawba County</b>	
<p><b>Salvation Army   Hickory, NC</b>  Phone: 828-322-8061 ext. 256  Address:  Crisis Help Center FAX: 828-322-2024  Office: Tuesday – Friday – 9:00am – 4:00pm  Food Pantry: Wednesday – Friday – 9:00am – 3:00pm  Utility Bill &amp; Rent Payment Assistance: Tuesday – Friday – 9:00am – 3:00pm  **Walk in. First come, first served.  Website: <a href="http://www.salvationarmyhickory.org">www.salvationarmyhickory.org</a></p>	<p>Offers food pantry, clothing vouchers for Salvation Army Family Store, Utility Bill Assistance and rent payment assistance.</p> <p>*Assistance will depend on the availability of funding</p>

<p><b>Your Neighbors Pantry   Conover, NC</b>  Phone: 828-464-1111 (Must call to make an appointment)  Address: 706 1<sup>st</sup> Avenue South  Conover, NC 28613</p>	<p>Offers a food pantry for individuals age 50 and over.  Monday, Tuesday, Thursday, 11:00 a.m. - 4:00 p.m.  Seen by appointment only.</p>
<p><b>Highways and Hedges Ministry   Conover, NC</b>  Phone: 828-781-8095  Address: 3675 Herman Sipe Road  Conover, NC 28613  Office: Monday – Friday – 8:00am – 5pm (voice and text messages available anytime)  Clothing Closet: Second &amp; Fourth Monday – 3:00pm – 4:30pm  Meal and message; with food, toiletries, and cleaning items: First and Third Monday – 5:00pm</p>	<p>Offers meal with message, clothing closet, and indoor yard sale. Also delivers groceries, personal and household items to people without transportation. Helps with Rent/Utilities and other bills. Delivers free furniture and appliances. Also offers free firewood to those in need.</p>
<p><b>The Backpack Program   Catawba County</b>  Amanda Freeland: 828-695-5648</p>	<p>A collaborative program with Catawba DSS and ECCCM assisting students with food for the weekend.</p>
<p><b>Hickory Soup Kitchen   Hickory, NC</b>  Phone: 828-327-4828  Address: 110 2nd St PI SE  Hickory, NC 28602  Website: <a href="https://hickorysoupkitchen.org/">https://hickorysoupkitchen.org/</a></p>	<p>Provides a nutritious midday meals for those in need.</p>
<p><b>The CornerTables   Newton, NC</b>  Phone: 828-464-0355  Address: 122 N Main Ave  Newton, NC 28658  Website: <a href="http://www.thecornertable.org/">http://www.thecornertable.org/</a></p>	<p>Serves meals to anyone or family in need.</p>
<p><b>Centro Latino   Hickory, NC</b>  Phone: 828-330-0477  <a href="https://www.centrolatinohickory.com/">https://www.centrolatinohickory.com/</a></p>	<p>Catawba County Hispanic Ministry (Centro Latino) provides a Christian response to the needs of Latinos in our community and seeks to bridge the cultural gap between Spanish and non-Spanish speakers through outreach, advocacy and training. Medical, transportation, legal assistance, etc.</p>



## Childcare

### Children's Resource Center

Phone: 828-695-6565 (English)

828-695-6515 (Spanish)

Address: 738 4th St SW

Hickory, NC 28602

Website: <https://childrensresourcecenter.org/>

This agency works to assist, educate, and support parents, child care providers and our community about quality child care and assist with any other issues relating to children and families. All families who are income eligible for Day Care Assistance are required to pay a portion of the cost of day care through a fee called the Parent Fee.

### Catawba County Social Services - Day Care Assistance

Phone : 828-695-5600

Address: 3030 11th Ave Dr SE

Hickory, NC 28602

Website: [www.catawbacountync.gov/county-services/social-services/](http://www.catawbacountync.gov/county-services/social-services/)

Day Care Assistance is a child care subsidy program for families who need help paying day care costs for their children from birth through 13 years old while they work or attend school.

## Transportation

### Greenway Public Transportation

Phone: (828) 465-7634

Address: 1515 4th St SW

Conover, NC 28613

Website: [www.mygreenway.org/](http://www.mygreenway.org/)

## Healthcare

### Department of Social Services (DSS) | Hickory, NC

Phone: (828) 695-5600

Address: 3030 11<sup>th</sup> Avenue Drive SE

Hickory, NC 28602

Hours: Monday - Friday - 8:00am - 5:00pm

Medicaid: Walk in or call to have application mailed

Medicaid transportation and/or CAP services: Call or walk in to complete an assessment

Website: [www.catawbacountync.gov/dss/](http://www.catawbacountync.gov/dss/)

Medicaid: Health insurance for people with low income and limited resources  
CAP Services: Offer care to stay at home instead of going to nursing facility  
Medicaid Transportation: Available to Medicaid recipients who need assistance getting to/from Medicaid-approved medical appointments/providers.

## General Community Resources

### Shelter of Hope Agency: Salvation Army

Phone: 828-322-8061 ext. 65617

Address: 760 3rd Ave PI SE

Hickory, NC 28602

Offers 90 day shelter and support services to homeless women, men, and children.

Cold Weather Emergency Assistance: opens the dining area at 10:00 p.m. for those in need of overnight shelter when the evening temperature is 32 degrees or below.

<p><b>Pregnancy Care Center of Catawba Valley   Catawba County</b>  Phone: 828-322-4272  Address: 421 Main Ave. SW  Hickory, NC 28602  Website: <a href="http://www.pcchickory.com/">www.pcchickory.com/</a></p>	<p>Offering free, confidential services for the county, such as free pregnancy testing, limited ultrasound, and education regarding options. Educational Classes, Community Referrals, Maternity/Infant Clothing and Baby Supplies, Abstinence Education, Support for Adoption, and Pregnancy loss support. Post abortion counseling available. Also offers male advocates and men’s group,</p>
<p><b>Safe Harbor   Hickory, NC</b>  Address: 112 Second Avenue SE  Hickory, NC 28602  Main Office: 828-326-7233  Transitional Living: 828-855-9055  New Day Programs: 828-639-4460  NOW/MINnows: 828-855-9055  The Bridge Hotline: 828-455-3980   Support for women to prevent trafficking and sexual exploitation  Website: <a href="http://www.safeharbornc.org">www.safeharbornc.org</a></p>	<p>Offers low cost furnished apartments for women and families working toward self-sufficiency, NOW (New Opportunities for Women) self-sufficiency program for women and children experiencing homelessness, including MINnows for preschool children in NOW. Also offers On Purpose, a variety of classes to support women in self-empowerment.</p>
<p><b>Sipe’s Orchard Home   Hickory, NC</b>  Phone: 828-256-5056  Address: 4431 County Home Rd  Conover, NC 28613  Website: <a href="http://www.sipesorchardhome.org/">www.sipesorchardhome.org/</a></p>	<p>Transitional housing program for young ages 16-21 years old.</p>
<p><b>Greater Hickory Cooperative Christian Ministry   Hickory, NC</b>  Phone: Main: 828-327-0979  Client Services: 828-323-7914  Address: 31 1<sup>st</sup> Avenue SE  Hickory, NC 280602  Application process: Apply in person  Program Hours: Monday and Wednesday – 8:00am – 4:30pm  Tuesday and Thursday – 8:00am – 6:00pm  Friday – 8:00am – 12:00pm  Website: <a href="http://cmhickory.org/">cmhickory.org/</a></p>	<p>Offers help with utility and rent payments. Offers a showering program for individuals who do not have access to hot water; including towel, face cloth, and toiletries. Provides clothing and household items (through a voucher system).</p> <p>GHCCM is the primary provider for free health care and free prescriptions to uninsured individuals. Offers specialty care, counseling, dental care, eye care, and in partnership with Lenoir-Rhyne University’s PA Program, a weekly clinic for primary care.</p>

<p><b>Eastern Catawba Cooperative Christian Ministry (ECCCM)   Newton, NC</b>  Phone: 828-465-1702  Address: 245 East N Street  Newton, NC 28658  Program hours: Monday – Thursday   8:30am – 5:00pm  Website: <a href="http://www.ecccm.org/">www.ecccm.org/</a></p>	<p>Offers temporary financial help for people in crisis. Crisis Intervention Program assist with utility bills for heating/cooling emergencies, Low Income Energy Assistance Program (LIEAP) offers help with heating bills. Clothing and household items may be purchased at minimal prices in thrift store. ECCCM also accepts and distributes donations for the homeless.</p>
<p><b>Christian Community Outreach Ministries  Hickory, NC</b>  Main: 828-328-1803  FAX: 828-328-2804  *By Appointment Only. Application Process: Call for Appointment  Website: <a href="http://www.ccomhickory.org">www.ccomhickory.org</a></p>	<p>Offers help with electric and water bills with disconnection notice. Does not pay entire amount due. Also offers counseling and outreach to people moving into the community. Also GED program through CVCC.</p>
<p><b>Catawba HOPE ( Help Our People Eat)   Catawba County</b>  Christine Cofer: 828-312-8298  <a href="http://www.catawabahope.wordpress.com">www.catawabahope.wordpress.com</a></p>	<p>Community Gardens tended by volunteer individuals and organizations. Individuals who work in the gardens are allowed to take some of the produce. The bulk of produce goes to the Hickory Soup Kitchen, ECCCM, Kenworth Hall, The Corner Table, and other agencies/programs in Catawba County.</p>
<p><b>Covering Region (Alexander, Burke, Caldwell, &amp; Catawba Counties)</b></p>	
<p><b>Women’s Resource Center</b>  Phone: 828-322-4272  Email: <a href="mailto:director@wrchickory.org">director@wrchickory.org</a>  Address: 125 3<sup>rd</sup> St NE  Hickory, NC 28603</p> <p>Open: Monday – Thursday 9:00am – 4:00pm  (Programs offered at specific times, call for information)</p>	<p>Assist women and families in the region offering to help those in need, in transition by offering encouragement to those seeking growth, giving hope and empowerment to women. Offering case management after unexpected job loss, domestic violence, or an illness, Transistions4Women offers help to women going through changes with case management, job support, and counseling, and offers a “Pantry with a Purpose” supplying basic needs like, feminine products, cleaning supplies, personal hygiene, and welcome home “basics”. Wellness workshops are offered occasionally. Divorce, 12 Step programs, and emotional and pain management support groups are available as well.</p>

**Lifeline: Landline & Cellphone Discount Programs**

Website: [www.lifelinesupport.org](http://www.lifelinesupport.org)

Must go to website to sign up and find company/coverage for your area.

Offers a free cell phone and airtime or a discounted home phone service to people who receive assistance (Food Stamps/EBT, Medicaid, Housing Assistance, SSI, etc..) and meet income limits.